SISTERHOOD OF THE PLANETARY WATER RITES APRIL NEWSLETTER 2012



Greetings Dear Water Sisters and Brothers:

After taking my wintertime rest in my cave, I have found myself out and about again only to face another winter-like spring season. Torn between wanting to be out in working on my Medicine Walk and knowing that we truly need more precious water, I realize that our Mother knows best!

We have several new circles and members that know how strongly a united joining of prayers and ceremonies are needed to help our Mother and her waters. We know that as we show our intensions to her she can feel and will respond with her blessings and gifts of nature.

Her love is boundless; let us match her nourishing compassion so that the children of the next generations will understand the need to constantly be a connected force to our Earth Mother. Grandmother Whitedeer



Messages from our Sisterhood:

This message is from one of our Sisters in France. They are quite active in beautiful water ceremonies in and about their area in France. They have informed me that they will be in the USA for the 13 Indigenous Grandmothers Council at Lame Deer Montana this year. I hope to also attend and hope to meet this wonderful group of dedicated beauties. GRMA

From Carine Dancing Wolf Woman, France......

Dear Grandmother:

Thank you for this ceremony of purification of water that was of great power and great beauty. Sophia, with whom I had live this beautiful ceremony, send me to you because I asked her if she could learn me this ceremony? I just received that there was a World Water Day and would like to celebrate this beautiful ceremony with the people around me in the mountains on Chamonix in France.

I have different woman and mixed groups since 7 years and I serve sacred universal rules. Sorry for my bad English, I hope you will understand me. Mitakouye Oyassin (All My Relations)

Carine Dancing Wolf Woman

From Judith Moore....

Greetings from Holland and Belgium

Dear Friends

These are the times of the times. All of Creation is trembling with the power of the Birth of the Great Light. We have only to surrender to this Omni Force and we will flow with the Divine Force that transforms the very nature of our existence. Whatever is happening for you right now is touching you on a soul level. This is the TIME of the POWER of the SOUL. Our souls are drawn into the spiral of light that is flowing from Source Creation.

Gaia is using our light to purify the energies of the OLD FEAR with what is called the emotional apocalypse. This means an intensified energy around the emotional body and an invitation to ground everything through our hearts. Our SUN is imploding with great velocity that is the Solar force required for the transformation of our world. We will feel this more as the intensity of 2012 increases. We are in partnership with Gaia and Universal Forces of

Creation. Our Light Bodies have entered the quantum field of the OMNI Force of Creation. This calls us to ground, flow and be gentle with ourselves and others.

The Soul Group of Holland and Belgium have welcomed me with great generosity, support and love.

Each event is magical and the participants are totally surrendering to the magic and the love; mOTHER Gaia is drinking the Manna from these events like Mothers milk? Through the visions of Jqcob his Immortal presence has manifested. I feel an opening of Jacobs Ladder as a pathway for humanity to connect to Universal Wisdom. His Immortal Consciousness is energy of such love that lifts up our souls to a new expression of Love and Being the Light:

I am eager for each event here as it is such a joy: Thank you to the sponsors and participants that have answered the calling to WEAVE the light in a co-creation of Love. Blessings Judith

From Carol Bridges......

January 23 begins the Chinese New Year of the Dragon. Take advantage of the auspicious dragon energy by speaking up for yourself and doing what you truly believe in. The force will be with you. It might be a great time to brush up on your compassionate communication skills by reading or listening to works by Marshall Rosenberg, author of *Non-violent Communication* and many other insightful books on how to get your needs met when it did not seem like you could.

I took a class from Marshall over thirty years ago and recently reviewed his work on audiotape. Over the years of teaching peace to people in prisons, in war-torn countries, in schools, to parents, gang members and people in just about every situation in which communication is difficult, Marshall's excellent techniques have deepened spiritually and expanded in wisdom and grace.

It should be a good year to look deep into that dragon fire inside yourself, and let the fierce energy of your soul be expressed. There is no more enjoyable way to discover your soul's purpose than to do art. Whether that means doodling, drawing, singing, playing music, dancing or whatever means is your passion, now is the time to rouse the sleeping dragon, the self you may have set aside in order to accomplish what you have thus far.

One of the lessons of feng shui is to honor the energy of the times. This may be a year of major upheavals defined as "good" or "bad" depending on how good you are at surfing the waves of change. Getting in touch with who you really are, what you really want, how you actually want to spend the rest of your life and pointing yourself in that direction is always useful, but this year the energies of the cosmos will provide some extra help.

I am already experiencing a welcome addition to my extended family, Luke and Kristina, who have moved here to homestead at Wild Grace. They are both multi-talented, fun and full of energy for creating an Earth-loving life. They are also ready to pitch in as part-time workers to

gather some funds if you live in the local area and need excellent help. Just call me at 812-988-0873 or email if you wish to connect for further details.

I send you my heartfelt thanks for your support in this last year, everything from simple appreciations, sharing of food and conversation to buying my quilts and helping me through a month with a broken wrist. This was the first year of my entire life that I have ever lived "alone" (having had children if not a partner). I am very blessed.

May the Dragon of our Most Delicious Dreams help us all to create the world we want this year.

Carol www.carolbridesartquilts.com

From Minthe, France....

Dear Grandmother!

I am happy, you received my little gift, and like it.

You are welcome!

I probably forgot to write it to you, but I need to say to you that it was with me at the 13 moon ceremony, on a celtic sacred place in France, on the beach of a river, and I putted it in the Aguas Unidas bowl of water, during all the time of the ceremony. It was dedicated to you, and received my blessings and the blessings, chants and prayers of all the participants there. Just to let you know.

Please receive it as an expression of my gratitude for sending me the waters of your ceremonies, and for the work you do for our beloved Nibi ...

I wish you all the best, and hope to meet you one day!

Much blessings,

All my relations,

Amour et gratitude ...

Minthé

Ni guh Izhi chigay nibi onji ... I will do it for the water ... Lo voy a hacer por el agua ... Je le ferai pour l'eau ...

Message from Kaariina.....

My beloveds,

What a day of rejoicing! The Mayan Telesummit has just begun, joining the Ancients with the contemporary.

Every single day, my fire out in the forest leaps

forward with more teachings.

Every single day we are reminded of The Power of Women.

I forward this on the eve of I Choose Life: a Fundraiser in Vancouver on April 28th.

At 9 a.m. we begin at Unity of Vancouver,

to celebrate all of those women who choose LIFE

without the competitiveness of the male dominance.

HH makes a wise and good point,

though our leadership is yet to be tested on a large scale, in the family, we make decisions right from the choice of man, to the timing of conception, to the circumstances of conception, through gestation, labour and delivery, that influence the future course of HUMANITY!

Our wombs and our respect for the wombs influence the entire TURNING POINT at which we sit in our awareness right here right now.

THIS Fundraiser is an opportunity for artists, speakers, dancers, families to come together and to honour the sacrifices, warmth and love of mothers. As well, we shall cocreate an atmosphere in which there is healing available for those who have felt detached from the affections of The Mother!

Great Darshan for all!

CHECK in with our FACEBOOK address: I choose life fundraiser and you will enjoy how much effort my grandspirit daughter has put into honouring our efforts to intervene

during a period in her life when the beauty was not enough! Thanks to our spirit family at Tibetan Three Jewels and to our spirit family of Golden Reindeer Moon Lodge, and to Maria's strong Siberian Buryatian genetics and her will to live, we have her with us APril 28th!



What more do we need to celebrate?

Come, join us, for the tumble of community, ceremonies, music, dancings and healings that can bring Great peace to this planet now.

Grace peace love and exuberant joy!

Kaariina Natalie Saarinen M.Ed.Coun.

Cocreavatars International Karuna Reiki Mastery Teachings Way of Family Council: nvc Golden Reindeer Moon Lodge Sisterhood of Planetary Water Rites

Energy Medicines: eft, Healing Codes, ACCESS

om vajra rekhe ah hung!



Register for Free & Call Into this Special Tele-Teaching With Hua

Once again, Hua is honored to be an invited speaker as part of the monthly membership calls with our fellow community **Earth Peoples United** (TJU).

Wednesday, April 18th at 4:30pm

Please join in as Hua addresses this very central topic, "We Are All Indigenous". Following on the heels of the amazingly beautiful & generous **2012 Mayan**TeleSummit: Messages from the Heart of the Mayan Lands, this is going to be a great and inspiring opportunity to bring us all closer together, and closer to our Earth Mother.

Registration is very easy and free to our community. There is an opportunity to ask questions and to connect with our brothers and sisters around the world. Simply register through the following link:

http://myaccount.maestroconference.com/conference/register/2Z4BGOSS ES9TD6ZX

Thank you for sharing the Blessing of your participation and enthusiasm, as we do the important work of renewing the ancient spiritual trade routes and preserving the sacred traditions for the next seven generations to come. **AHO.**

Reciprocity BECAUSE OF GRATITUDE



Our Sisters in France

Live WaterBlessing Ceremony

Find live water. By "live" I mean it has living things in it such as healing minerals, and water spirits. This water is best found in a mountain stream, river, or at a natural spring. If you are unable to conduct the ceremony at one of these locations, get plenty of the live water and carry it back in a container for use at another location.

This ceremony is most powerful at night just after sun down or even more powerful after midnight, but before 3 am. This is the time of spirits. During the day there are far too many distractions and interferences for the spirits to have much impact or communication.

Have the all the people stand in a circle. Sing a song or make a prayer that calls in the helper spirits (Tunkasilas) or angels or whatever type of spirit being you are used to or comfortable with. Then go to each person with burning sage, cedar, sweat grass or other medicinal herbs and let the smoke cover their bodies to purify and clean away all negative energies. While this is being done some people get messages for the person being cleansed. This adds a special meaning to the ceremony.

A song or prayer for healing of physical, mental, spiritual and heart matters is appropriate at this time. After the song/prayer, the people go around in a circle speaking their individual prayers and wishes.

After this is done, everyone will lie down or sit down in the water. Or the water can be gently poured over everyone. As the water runs down our bodies it takes the impurities with it and sends them back to the mother earth for purification and reuse.

A final song or prayer to thank the spirits, angels, helpers, etc. completes the ceremony. After this, it is always good to share food.

As a note, this is another water ceremony, but it is much simpler and can be used daily. Pour water (this can be regular tap water) into a container, I use a gourd or a wooden bowl, but a simple glass would do. Walk outside and sing a song or say a prayer, then four times pour a portion of the water into the ground. Drink the remaining water so the prayers enter your being. Pouring the water into the ground is returning the life blood (water) of mother earth to her. This water once poured into the ground will travel all around the planet in underground waterways and maybe even to the ocean depending on where you live. I would suggest if you feel the urge to pray for peace or environmental concerns this is the ultimate way to send those prayers.

Paula Bidwell of Native Talisman Art

Article Source: http://EzineArticles.com/?expert=Paula Bidwell



-Bear Clan Raffle still open for the Hiawatha Buffalo



Blanket

... see the <u>www.metisbearclan.com</u> for more information Or e-mail whitebuffalowoman@msn.com

GOD PARTING THE SKY Photo taken in Alabama



Bob Frew sent this out.

"I took this picture on Int.20, traveling to Leeds, AL. It has given me strength in the times of trouble. I feel I should share it with the rest of the world. I hope it is an inspiration to you. It just goes to show what we already know...We have a God, and he's watching over us.

I e-mailed this picture to News Channel Fox6. I was contacted by Meteorologist James Spann. He said that this picture of the sky is showing up in all states and around the world. He wanted to know where I was from and where I took it. He saw a similar picture taken in Texas. He said this is amazing to him.

Would you look at this picture? It reminds me of that song 'He's got the whole world in his hands.' He is definitely in control. I needed this today more than ever. Enjoy and pass it along!"

Sisterhood of the Seven Sacred Shields

Author: Rev. Robin Tekwelus Youngblood www.dreamingshaman.com



For many years, I have held a teaching given by my Grandmothers, Indigenous Women who lived our traditional ways in the face of immense obstacles. They were the ones who held the family together, in the midst of poverty, alcoholism, despair, oppression, residential schools that stole their children, times when our ceremonies were illegal. The loved Mother Earth, Father Sky, and All Our Relations. They survived and thrived by working together, women to women, in the Moon Lodge, in Sweat Lodge, in the feasts, dances, ceremonies, as well as in their daily lives. They doctored the children, fed the families, sometimes defended the village alongside their men, assisted the Elders as they made their transition from this life to the next, bathed and buried the dead.

Strong, these women! They took no guff from anybody!! Including their sisters. . . . As in any family, they might occasionally argue among themselves, but wouldn't allow anyone else to step over their boundaries or speak badly of another sister. And if a sister was wronged or harmed in any way, the sisterhood closed ranks around her and did whatever might be necessary to heal the situation.

. As a Sister of the Seven Sacred Shields she can be proud of her courage, her sense of honor and respect, her willingness to grow and learn. She knows that she will be honest, and has the right to expect honesty from her sisters. She understands that as she respects others, she will be respected. When she makes a mistake, she knows she will be forgiven and supported, as long as she accepts responsibility in humility. She will become a Wise Woman, loved, honored, trusted in ever-growing ways and ever-expanding circles. Her Light will shine, and she will be sought for her wisdom.

Currently, I'm calling women to start a Sisterhood of the Seven Sacred Shields. We don't have to live together, work together, or play together in the same neighborhood. We can live anywhere on the globe, and still be sisters. If you're interested, please contact me at whitewolfclanmother@yahoo.com

Let's work together to heal the Divine Feminine!

I had the pleasure of hosting a teaching of the Sisterhood of the Seven Sacred Shields for Grandmother Youngblood. It was so powerful that most went home with a sense of sureness upon their path. We have all become sisters united in cause. We are able to add another spoke to our Sisterhoods because of Grandmother Youngblood.. Many Blessings, Grandmother Whitedeer

Dear Ones:

I hope you like the newsletter this month. I had tried something different so that a new view could be seen from my part. Several have asked about the Newsletter and why it has changed, adding that they have missed the old ways.....so here we are back to give you another peek at what a wee glimpse of what is going on with our Sisterhood....let me know your feelings...Blessings. Grandmother Whitedeer

waterblessings@msn.com